Name:

USING A GROWTH MINDSET

Your mindset is a collection of your thoughts and beliefs that influences your attitude, your outlook and the way you think about yourself. You can change your mindset if you want to. All it takes is a little bit of effort. Change the following fixed mindset thoughts to growth mindset thoughts.

I can't be bothered to finish my homework.	
I'm not good at Math's. I've never been able to do it.	
This is good enough.	
I'm not smart enough to do this activity.	
I'm not much fun to play with.	
There is a famous saying by Henry Ford, 'If you think you can't do it, you're right'. What do you think this means?	

